Year 1 Class

Autumn Term 1

Science

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Design and Technology

We will not be having a focus on DT this half term, however as part of learning about ourselves, a healthy diet is essential. Why not explore and learn more about the 5 food groups.

Carbohydrates: e.g bread, rice, potatoes, pasta and other starchy foods.

Fruit and vegetables.

Milk and dairy foods.

Proteins: e.g Meat, fish, eggs, beans

Fats and oils

Music

In music we will be learning to explore music and how it can effect our emotions. Why not explore this website to find out more: <u>https://www.letsplaykidsmusic.com/classical-music-teach-emotions/</u>



Computing

In computing we will be looking at the technology we have around us. Can you name all these technologies?

